FIRST SUNDAY OF

Lent

MARCH 1, 2020

Jesus was led by the Spirit into the desert to be tempted by the devil.

Matthew 4:1

PRIMER DOMINGO DE CUARESMA
**PARISH STAFF**

**EQUIPO PASTORAL**

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<tr>
<th>Name</th>
<th>Title</th>
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<tbody>
<tr>
<td>Rev. Casimiro Abrahamczyk</td>
<td>SVD, Pastor</td>
<td><a href="mailto:pastor@allsoulsparishssf.org">pastor@allsoulsparishssf.org</a></td>
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<tr>
<td>Rev. Mario Olea</td>
<td>SVD, Parochial Vicar</td>
<td><a href="mailto:frmario@allsoulsparishssf.org">frmario@allsoulsparishssf.org</a></td>
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<tr>
<td>Ms. Valeria Guardado</td>
<td>Parish Secretary</td>
<td><a href="mailto:secretary@allsoulsparishssf.org">secretary@allsoulsparishssf.org</a></td>
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<tr>
<td>Ms. Connie Martinez</td>
<td>Parish Secretary</td>
<td><a href="mailto:office@allsoulsparishssf.org">office@allsoulsparishssf.org</a></td>
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<tr>
<td>Ms. Lourdes Yñiguez</td>
<td>Religious Education Director</td>
<td><a href="mailto:religiouseducation@allsoulsparishssf.org">religiouseducation@allsoulsparishssf.org</a></td>
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<tr>
<td>Mr. Vincent Riener</td>
<td>Principal, All Souls School</td>
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<tr>
<td>Ms. Carla Marie Malouf</td>
<td>Director, All Souls Preschool</td>
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**TELEPHONE**

- Parish Office/Oficina Parroquial: 650-871-8944
- Religious Education/Catecismo: 650-873-5356
- A.S. School/Escuela Parroquial: 650-583-3562
- All Souls’ Pre School: 650-871-1751
- All Souls’ Parish Office Fax: 650-871-5806

**BAPTISM**

We urge that the arrangements be made at least three months in advance. Call parish office from 9am to 4:30pm.

**MASSES**

**MISAS:**

- **Saturday/Sábado:** 8:00 am, Vigil 5:15 pm, 6:30 pm en Español
- **Sunday/Domingo:** 7:30 am, 9 am, 10:30 am, 12:00 Noon en Español and 5:15 pm
- **Monday:** 8 am & 6:30 pm in English
- **Tue.& Thurs:** 8 am & 6 pm in English
- **Wed & Fri:** 8 am in English & 6 pm in Spanish

**SACRAMENT OF RECONCILIATION—RECONCILIACIÓN**

Saturday/Sábado: 4:00 pm - 5:00 pm
Or on prior appointment with any of our parish priests.

**DEVOTIONS:** Our Lady of Perpetual Help:
Tuesday 5:45 pm

**EXPOSITION OF THE BLESSED SACRAMENT**
1st Friday of the Month after 8:00 am Mass

**MINISTRY TO THE SICK & HOMEBOUND**
Call the parish office for receiving the Anointing for one of your beloved ones who is sick.

**MARRIAGE / MATRIMONIO**
Call the parish office and bring the required documents to set the wedding date. Ordinarily preparations will take at least six months.

**QUINCEAÑERAS**
The Quinceañera is expected to have received all three Sacraments of initiation: Baptism, Holy Communion and Confirmation. The family is expected to be registered and worship in the Parish. Preparations will take at least six months.

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**Lenten Marian Workshop**

**Come and Join Us**

The Legion of Mary cordially invites you to attend a Lenten Marian Workshop designed to help deepen one’s knowledge about Our Lady, her role in God’s salvation plan for us, the Marian dogmas as taught by the Holy Catholic Church, her virtues and sorrows and how one can respond to those who oppose her. We will discuss as well, her many miracles and apparitions and look close into her life of simplicity, humility and obedience. We will journey together so that all will become ever closer to Jesus through her. Hope to see you all. Looking forward to sharing with you, your love of Our Blessed Mother.

**Date:** Saturday, March 21, 2020
**Time:** 8 am Mass at All Souls Church
9 am Workshop in the Parish Hall

For more info please call Carmen Perlas at 650-892-5786

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**GENERAL NORMS ON ABSTINENCE**

**General Norms:** All the faithful who have made First Communion are bound to worthily (celebrate the sacrament of reconciliation) receive Holy Communion during the Easter season.

**On Abstinence:** Everyone fourteen years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent and Good Friday.

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**Primer Domingo de Cuaresma**

“Adorarás al Señor, tu Dios, y a él sólo servirás”.
— Mateo 4:10
**THOUGHT FOR THE WEEK:**

**STRENGTH AGAINST TEMPTATION**

The first Sunday of the season of Lent always includes a Gospel account of the temptation of the Lord Jesus in the desert by the devil. This year, the story is set against the backdrop of the first reading from Genesis, which recounts the very first temptation by the devil. That story is set in a garden of delight. The Gospel story is set in the desert. As believers, we know that temptation comes our way in our own gardens of delight as well as the deserts of our lives. As Lent begins, our attention is drawn to that temptation within each of us to become like God—we want control, power, and answers to all of life’s difficult questions. As communities of faith, we are given this season of repentance so that we can join our hearts with others on the difficult journey of conversion. We look to God and to one another for strength against temptation.

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**TODAY’S READINGS**

**First Reading** — The man and the woman ate the fruit of the one tree that God had told them to avoid, and their shame overtook them (Genesis 2:7-9; 3:1-7).

**Psalm** — Be merciful, O Lord, for we have sinned (Psalm 51).

**Second Reading** — Death reigned from Adam to Moses, but now grace and life abound in Christ Jesus (Romans 5:12-19).

**Gospel** — Jesus was led into the desert by the Spirit and there he fasted for forty days and forty nights (Matthew 4:1-11).

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**SAINTS AND SPECIAL OBSERVANCES**

- **Monday:** Julian Calendar Lent begins
- **Tuesday:** St. Katharine Drexel
- **Wednesday:** St. Casimir
- **Friday:** World Day of Prayer; Abstinence; First Friday
- **Saturday:** Ss. Perpetua and Felicity; First Saturday

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**LECTURAS DE HOY**

**Primera lectura** — Entonces se les abrieron los ojos y ambos se dieron cuenta de que estaban desnudos. (Génesis 2:7-9; 3:1-7).

**Salmo** — Misericordia, Señor, hemos pecado (Salmo 50).

**Segunda lectura** — Una sola trasgresión acarreó sentencia de muerte para todos, pero la rehabilitación merecida por uno solo, obtuvo perdón y vida para todos (Romanos 5:12-19).

**Evangelio** — Adorarás al Señor, tu Dios, y a él solo servirás (Mateo 4:1-11).

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**LOS SANTOS Y OTRAS CELEBRACIONES**

- **Lunes:** Inicio de la Cuaresma en el calendario juliano
- **Martes:** Santa Catalina Drexel
- **Miércoles:** San Casimiro
- **Viernes:** Jornada Mundial de Oración; Abstinencia; Primer Viernes
- **Sábado:** Santas Perpetua y Felicitas; Primer Sábado
The first Wednesday of every month, the Italian Catholic Federation (ICF) gather in our parish to coordinate their activities. Once a year in the month of February, they celebrate the Annual “Cioppino” to enjoy a wonderful dinner for fundraising to support their projects for helping students and schools of California.

This last Saturday, Feb 22, they enjoyed their “Cioppino”, a delicious Italian-American fish stew, brimming with fresh seafood in a tomato and wine broth that tastes like the sea! Mmmmm... It was delicious!

The dish seems to have been originated with the Italian immigrants of San Francisco, who often used the crabmeat available in the city's markets in this time of the year. Anyway, to taste a bowl of Cioppino is only a good excuse to enjoy our fellowship and love in community with a wonderful goal for helping our students!

Grazie fratelli e Tanti saluti!

ICF
El plato parece haberse originado con los inmigrantes italianos de San Francisco, que a menudo usaban la carne de cangrejo disponible en esta época del año.

De todas maneras, probar un plato de Cioppino es solo una buena excusa para disfrutar de nuestra fraternidad y el amor en vivir en comunidad con la excelente meta de ayudar a nuestros estudiantes!

Grazie Fratelli e Tanti Saluti!

ICF

Cioppino 2020 del ICF

El primer Miércoles de cada mes, la Federación Católica Italiana (ICF) se reúne en nuestra parroquia para coordinar sus actividades. Una vez al año, en el mes de Febrero, celebran el "Cioppino" annual para disfrutar de una maravillosa cena y recaudar fondos para apoyar sus proyectos de ayuda a estudiantes y escuelas de California. Este último sábado, 22 de Febrero, ellos disfrutaron de su "Cioppino", un delicioso estofado italo-americano de pescado, rebosante de mariscos frescos en un caldo de tomate y vino que sabe al mar! Mmm ... ¡Estaba delicioso!
Stewardship: A Call to Discipleship

"It is written: The Lord, your God, shall you worship and him alone shall you serve."
(Matthew 4:10)

Tempted between the riches and power of this world and service to God, Jesus chose service to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things. Ask God how he is calling you to serve.

Prayer Corner

Would you consider praying and supporting our parishioners who are sick: May Jesus heal them, be their source of strength and comfort in this time of distress and that they may recover soon.

Roberto Salinas, Jacoba Perez, Graciela Guerrero, Elinor Warren, Alondra Vergara, Sol Santos, Donna Aagaard, Mercedes Cordero, Fernando Cordero, Josefine Baldocchi, Luz Maria y Luz Guadalupe Arellano, Shirley Hoch-Braschi, Margaret O'Leary, Esperanza Sandoval, Jesus Cruz, Juana Rios, Luz Maria Ramirez, Evangelina Navarro, Graciela Ramirez, Tida Lao, Dr. Ned Cardenas, Rolando Delgadillo Temo Alvarado, Rosalina Gurrola y Homero Tejada.

HORARIO DE SERVICIOS DURANTE LA CUARESMA
Para el Horario de Misas durante la Semana y el Fin de Semana por favor refiéranse a la primer pagina de Boletín

VIA CRUCIS: Identificándonos con Cristo
En Ingles todos los Viernes a las 5:20 pm y en Español a las 6:30 pm comenzando el Viernes 28 de Febrero.

El Sacramento de la Reconciliación: El Sacramento del Amor de Dios, misericordia y compasión. Cada Sábado tenemos a dos sacerdotes administrando este Sacramento de 4pm a 5pm y los Jueves de 5-6pm.

NORMAS GENERALES SOBRE LA ABSTINENCIA
Normas Generales: Todos los fieles que han hecho su Primera Comunión están obligados a (celebrar dignamente el Sacramento de reconciliación) recibir la Santa Comunión durante la temporada de la Pascua.

Sobre la Abstinencia: Todas las personas mayores de catorce años están obligadas a abstenerse de comer carne el Miércoles de Ceniza, los Viernes de Cuaresma y el Viernes Santo.

Pro Life Group
As Lent begins this Wednesday and as a sacrificial offering to Our Lord, we, Our Pro Life Group, will be reciting the rosary in front of the Planned Parenthood Clinic at 435 Grand Ave. every Wednesday during Lent for 4 hours from 10 am to 2pm. Please come and join us for any time you can spend in prayer asking Our Lady to protect our children, the unborn, and asking for an end to the legalization of Abortion in all states of our nation & in thankfulness for the gift of LIFE.

Grupo Pro Vida
Conforme comienza la Cuaresma este Miércoles y como ofrenda de sacrificio a Nuestro Señor, nosotros, Nuestro Grupo Pro Vida, recitaremos el rosario frente a la Clínica Planned Parenthood en el 435 Grand Ave. cada Miércoles durante la Cuaresma durante 4 horas de 10 am a 2pm. Por favor, vengan y únense a nosotros por cualquier tiempo que puedan pasar en oración pidiendo a la Virgen que proteja a nuestros hijos, los no nacidos, y pidiendo el fin de la legalización del aborto en todos los estados de nuestra nación y en agradecimiento por el don de la Vida.

Join the Stewards in a two Saturday afternoon workshop with Fr. John Piderit, SJ and Florian Romero, Director of Stewardship.

When? Saturday, March 14 & March 28
Time? 1:30 pm to 4:30 pm
Where? All Souls Parish Hall
Topic? FOUR STEPS to make Stewardship your WAY OF LIFE!

Stewardship: A Call to Discipleship

"It is written: The Lord, your God, shall you worship and him alone shall you serve." (Matthew 4:10)

Tempted between the riches and power of this world and service to God, Jesus chose service to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things. Ask God how he is calling you to serve.

Corresponsabilidad: Un llamado al Discipulado

"Está escrito: Adorarás al Señor, tu Dios, y solo a Él servirás". (Mateo 4:10)

Tentado entre las riquezas y el poder de este mundo y el servicio a Dios, Jesús eligió el servicio a su Padre. Si deseamos seguir verdaderamente a Jesús, nosotros también debemos decidir apartarnos del poder y las riquezas del mundo y poner a Dios en el centro de nuestras vidas. Cuaresma es nuestro tiempo para liberarnos de las cosas terrenales. Pregúntale a Dios cómo te está llamando a servir.
SMALL CHRISTIAN COMMUNITY FOR LENT

Once again our Small Christian Community members invite you to join us in prayer and reflection on each of the five Sunday Lenten Gospel readings in preparation for Our Lord’s Glorious Resurrection on Easter Sunday.

Come and join a group. It’s only 1 hour of your time. Our Lord sacrificed his whole being for you out of Love! Don’t hesitate, call Rosa Gomez at 650-219-1001 she will put you in either a Spanish or English speaking group. The gathering’s are in a home in the evening or at the rectory at 9am beginning this week and ending the week of Palm Sunday. Our members guarantee that you will be filled with Graces of Thankfulness after participating in a Small Christian Community!

Welcome to All Souls Parish

If you worship with us each week, and if you have not yet registered in our parish, please fill out this form and help us to welcome you to become an official member of our parish.

Name: ____________________________
Address __________________________
City ________________________________
Telephone Number: __________________
Email: _____________________________

This Week at a Glance: March 1—8, 2020

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<tr>
<th>1st of March</th>
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<td><strong>SUN 03/01</strong></td>
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<tr>
<td>9:00 am</td>
<td>School Family Mass</td>
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<td>10:00 am</td>
<td>RICA</td>
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<td>10:30 am</td>
<td>Bilingual Sunday School</td>
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<td>1:00 pm</td>
<td>Café y Pan (Guadalupanos)</td>
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<td><strong>MON 03/02</strong></td>
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<td>4:00 pm</td>
<td>Religious Ed: Eucharist 1 &amp; 2</td>
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<td>6:30 pm</td>
<td>Religious Ed: Confirmation</td>
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<td>7:00 pm</td>
<td>Stewardship Council</td>
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<td><strong>TUE 03/03</strong></td>
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<td>6:30 pm</td>
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<td><strong>WED 03/04</strong></td>
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<td>6:00 pm</td>
<td>ICF Dinner Meeting</td>
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<td>7:00 pm</td>
<td>MDC: Grupo de Oración</td>
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<td>9:00 pm</td>
<td>Taller de Lectura Biblica</td>
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<td><strong>THU 03/05</strong></td>
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<td>5:00 pm</td>
<td>Parish Office Closed</td>
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<td>6:00 pm</td>
<td>Confessions (Close at 6pm)</td>
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<td>7:00 pm</td>
<td>Family Fun Night</td>
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<td>MDC: Clase de Crecimiento</td>
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<td><strong>FRI 03/06</strong></td>
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<td>4:00 pm</td>
<td>Bingo Doors Open</td>
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<td>5:00 pm</td>
<td>Stations of the Cross: English</td>
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<td>7:00 pm</td>
<td>English Choir Rehearsal</td>
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<td>7:00 pm</td>
<td>Vía Crucis en Español</td>
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<td><strong>SAT 03/07</strong></td>
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<td>Rel Ed Stations of Cross Rehearsal</td>
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<td>9:15 am</td>
<td>Religious Ed: Special Ed</td>
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<td>1:00 pm</td>
<td>Hospitality Set Up</td>
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<td>Hospitalidad</td>
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VENERATION OF THE MOST BLESSED SACRAMENT

And Stations of the Cross

On Friday, March 6th the Exposition and Adoration of the Blessed Sacrament will take place after the 8 am Mass. It will close with a Benediction at 5 pm and then Stations of the Cross in English at 5:20 pm. We then will have a Bilingual Mass (English & Spanish) at 6:00 pm.

“You are invited.”

EXPOSICIÓN DEL SANTÍSIMO SACRAMENTO y Via Crucis

El Viernes, 6 de Marzo Febrero la Exposición y Adoración del Santísimo Sacramento se llevará a cabo después de la Misa de las 8 am. Se cerrará con una Bendición a las 5 pm y luego la Vía Crucis en Inglés a las 5:20 pm. Luego tendremos una Misa Bilingüe (Español e Inglés) a las 6 pm y seguiremos con la Vía Crucis en Español a las 6:30 pm.

“Usted está invitado.”

Welcome to All Souls Parish

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Name: ____________________________
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